

Universal template for action. To use the template, save or download, edit and print or just print the page

Anil Mitra Copyright © 2015 – 2025, [template directory](#), [site home](#)

Item	Dates	<u>Dimensions</u> of being and transformation
1.		<i>Being in the world</i> — <u>Ideas</u> (metaphysics, knowledge as relation, development and transmission, reason – critical and imaginative, art), <u>Practice</u> (physical and meditative yoga, acting – projection of the real), <u>Action</u> (nature, society, artifact, and universal – see below)
2.		<i>Becoming</i> —immersive, intrinsic, and instrumental i. <u>Nature</u> as a place of being and catalyst to the real. <i>Animal being(s)</i> , evolution and devolution—observation, situational empathy, defocus, reason.
		ii. <u>Society</u> . <i>Civilization</i> and culture as a vehicle and path to the real. Transformation via psyche—by immersion in social groups as place of being and catalyst to the real.
		iii. <u>Artifact</u> . <i>Civilizing</i> the universe (especially technology as enhancing being in the universe)—universe as peak consciousness via spread of sapient being.
		iv. <u>Universal</u> , incompletely known. <i>The common way</i> – experiential, pure, and pragmatic – from self to Being (Atman to Brahman), via the block universe and extended secular worlds consistent with experience of and in the world.
3.		<i>Being in the universe</i> —directly approaching the <u>Universal</u> . Realizing Peak Being (Brahman) in the present. If not achieved in the world, ‘this life’ is a beginning that is continued beyond death. Outcome of items above. The means are in the previous dimensions, the everyday <a href="#">templates</a> , and open to discovery.